



TRACK & FIELD TRAINING

DATES: June 12 – Aug 2, 2017

(No class held week of July 3rd)

DAYS: Mondays and Wednesdays

TIME: 9:00–10:30am

AGES: 9–13 year old boys and girls

LOCATION: Cuesta Park, SLO

DESCRIPTION: Experience the benefits of exercise, sport and play through improved fitness. Develop skills to enhance balance, coordination, speed and strength.

INCLUDED: Free club t-shirt

COST: \$180 for 14 sessions

REGISTRATION DEADLINE: MAY 15, 2017

FOR MORE INFO & TO REGISTER, PLEASE VISIT OUR WEBSITE AT:

<http://www.slotowntrackclub.com>

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SLO Town Track Club is a Non-Profit 501(c)(3) Organization

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